A stylized globe with continents in light green and oceans in light blue, centered within a large white circle. Two overlapping circles, one light green and one light blue, are positioned behind the globe, creating a layered effect.

beginners **Learning Outcomes**

Global Education for Youth Workers



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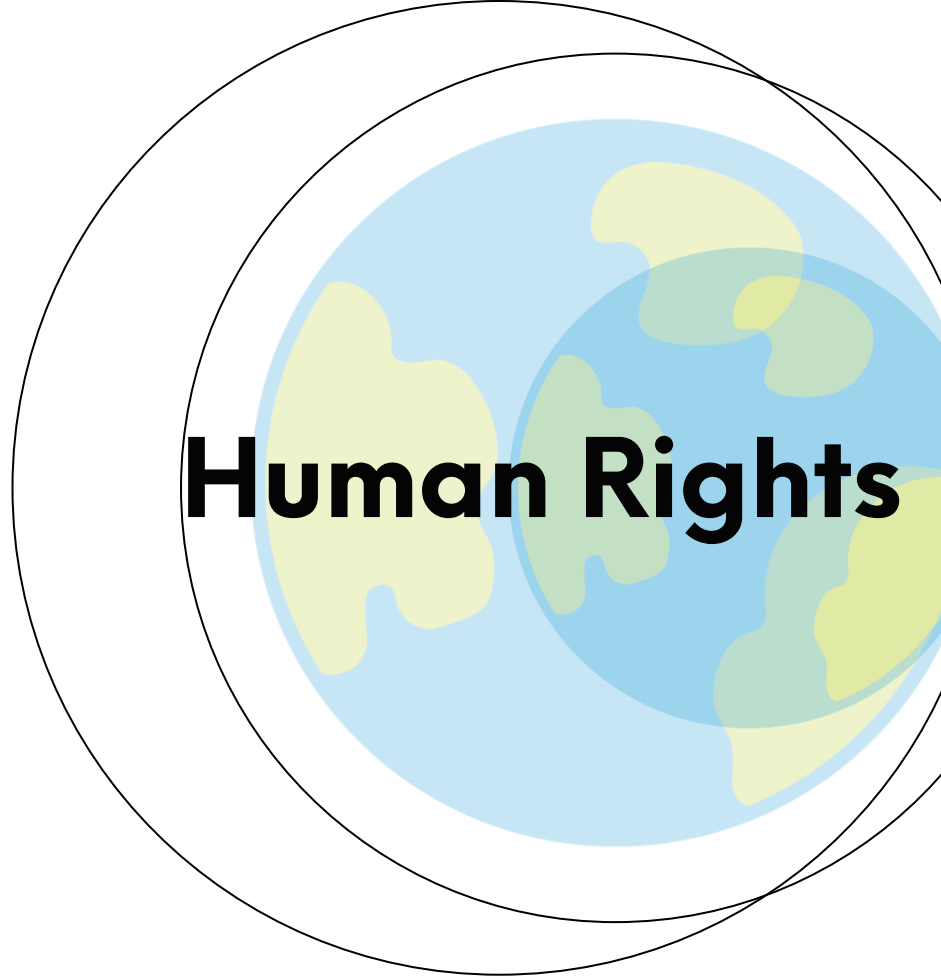
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Why Choose the GE4YOUTH Global Education Course?

The BEGINNERS Course is a transformative educational journey crafted to empower participants with essential knowledge, skills, and competencies for active and responsible citizenship in our interconnected world. Here's why it stands out:

- **Holistic Understanding:** Delve into foundational concepts like human rights, democracy, and gender equality, fostering a comprehensive understanding of interconnected global issues. Gain insights that go beyond surface-level knowledge.
- **Practical Application:** Bridge theory and practice through experiential learning, enabling participants to apply knowledge responsibly in real-world scenarios. Move beyond theoretical discussions to tangible, impactful actions.
- **Advocacy and Leadership:** Empower to advocate for democratic values, engage in community initiatives, and foster a culture of accountability, transparency, and social justice. Develop leadership skills that drive positive change.
- **Interdisciplinary Approach:** Explore diverse perspectives through an interdisciplinary lens, enhancing critical thinking and problem-solving skills. Embrace a holistic view that transcends traditional disciplinary boundaries.
- **Inclusive Dialogue:** Navigate cultural diversity, religious dialogue, and promote inclusivity, cultivating effective communication and conflict resolution skills. Develop the ability to engage in respectful, open-minded conversations across differences.
- **Sustainable Living:** Embrace principles of fair trade, sustainable consumption, and environmental awareness, empowering individuals to contribute to social justice, economic security, and conservation. Learn how personal choices impact global sustainability.
- **Holistic Health:** Recognize health as a lifelong investment, understanding its multidimensional nature and impact on personal well-being and societal prosperity. Gain insights into fostering a balanced and fulfilling life.



Module 1.

Learning Outcomes

Participants establish a strong foundation in human rights, acquiring comprehensive understanding, analytical skills, interdisciplinary competence, and a sense of responsible application. The learning approach actively fosters critical thinking and facilitates practical knowledge application in real-world situations.

Knowledge:

- Understand the fundamental concept of human rights and their global recognition.
- Identify key international treaties, such as the Universal Declaration of Human Rights.
- Recognize human rights across civil, political, economic, social, cultural, and environmental domains.

Skills:

- Apply critical analysis to comprehend the historical evolution of human rights.
- Analyse national and international legal instruments safeguarding human rights.
- Conduct empirical research to understand real human rights situations and propose best practices.

Competencies:

- Demonstrate competence in using the "read, understand, and act" pedagogical approach.
- Recognize the responsibility of governments, societies, and individuals in protecting and respecting human rights.
- Demonstrate autonomy in identifying opportunities to apply human rights knowledge.

Module 2.

Learning Outcomes

Participants develop a deep understanding of democracy and good governance, gaining essential skills and competencies to actively champion these principles. The module empowers youth workers to advocate for democratic values, engage in educational activities, encourage youth participation, and instill a culture of accountability and transparency. Through experiential learning and a global education approach, participants refine critical thinking, communication, advocacy, and community engagement skills, contributing to just, equitable, and democratic societies.



Democracy

Knowledge:

- Understand the concepts of democracy and good governance, including their definitions, principles, and importance in society.
- Comprehend the key principles underpinning democracy and good governance, such as the rule of law, participation, transparency, and accountability.
- Gain knowledge of the role democracy and good governance play in promoting human rights and fundamental freedoms.

Skills:

- Develop critical thinking skills to analyse the principles of democracy and good governance in various societal contexts.
- Enhance communication skills, both in educating young people about these concepts and engaging in discussions on their importance.
- Acquire advocacy skills to promote transparency, accountability, and participation in decision-making processes.

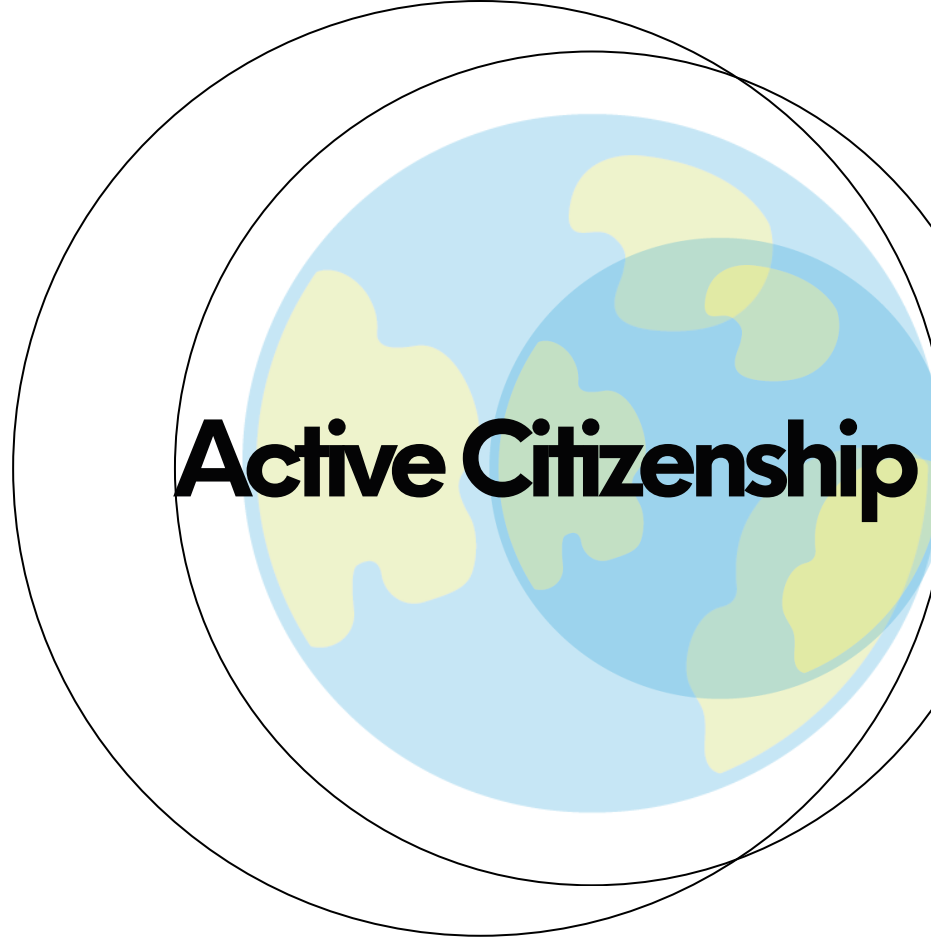
Competencies:

- Advocate for the principles of democracy and good governance, emphasizing their role in ensuring freedom of expression, association, and assembly.
- Facilitate educational activities that raise awareness about democracy and good governance among young people.
- Encourage and create opportunities for youth participation in decision-making processes, providing a platform for their voices to be heard.

Module 3.

Learning Outcomes

Participants gain a profound understanding of active citizenship, its connection to moral values, and the pivotal role of shared values within a community. The module equips learners with critical reading and analysis skills to apply theoretical knowledge practically. Competencies in advocating for moral values, responsibly applying citizenship principles, and promoting active citizenship beyond formal education are developed, drawing insights from Plato's dialogues for a robust theoretical foundation.



Knowledge:

- Comprehend the concept of active citizenship and its link to moral values for peaceful and correct living.
- Understand the importance of shared values within a community for maintaining an atmosphere of serenity and security.
- Familiarize with the transversal competence of active citizenship and its inclusion in European objectives, particularly the Lisbon Strategy 2000.

Skills:

- Develop critical reading skills for philosophical texts, particularly the excerpts from Plato's dialogues, to analyse concepts related to citizenship and moral values.
- Enhance skills in applying theoretical knowledge to practical situations, particularly in observing and critically analysing everyday environments and situations.
- Cultivate skills related to responsible behavior, emphasizing the ability to control impulses, make sacrifices for important goals, and impose rules on oneself.

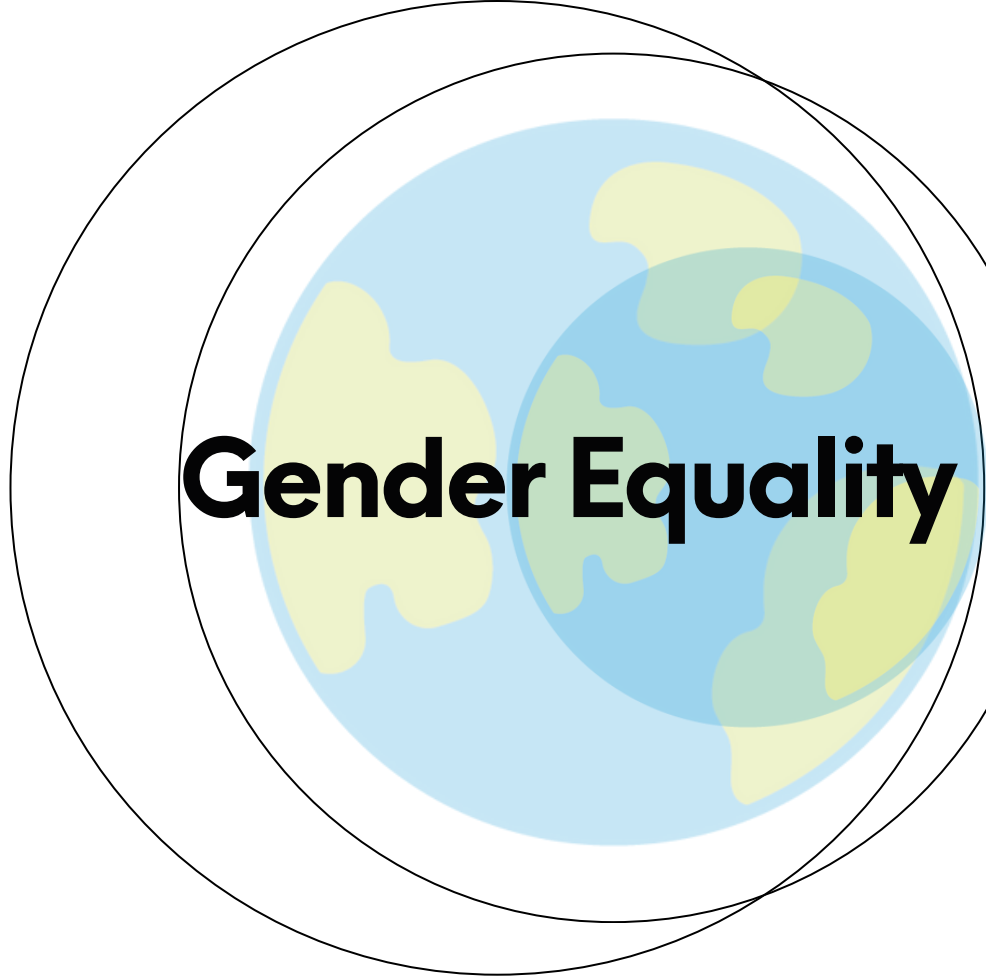
Competencies:

- Advocate for the importance of moral values within a community and their role in maintaining civil coexistence.
- Apply philosophical insights from Plato's dialogues to critically analyse and discuss the concept of active citizenship.
- Demonstrate responsible behavior in personal and community life, showcasing the understanding that freedom entails self-control and the ability to contribute to shared values.

Module 4.

Learning Outcomes

Participants gain a comprehensive understanding of gender equality, encompassing its historical context, theoretical frameworks like intersectionality, and its relevance to various aspects of life. Cultivating critical thinking skills, they challenge norms and actively contribute to promoting gender equality in personal and professional lives. The course empowers participants to advocate for human rights, diversity, and inclusion within the context of gender equality.



Knowledge:

- Understand gender equality as a fundamental human right and its critical importance.
- Comprehend the multifaceted concept of gender and its variations across cultures.
- Recognize international legal frameworks, including the United Nations, for promoting gender equality.

Skills:

- Apply intersectionality to understand how gender intersects with other aspects of identity.
- Develop critical thinking skills to challenge existing gender norms.
- Apply knowledge to actively contribute to promoting gender equality.

Competencies:

- Advocate for gender equality and understand the historical and political values of feminism.
- Recognize the importance of diversity and inclusion in addressing sexuality.
- Contribute to preventing violence against women and girls, acknowledging UN Women frameworks.

Module 5.

Learning Outcomes

Participants acquire comprehensive knowledge of intercultural and interfaith dialogue, cultural diversity, and theories of religious diversity. Developing critical thinking and effective communication skills, they gain competencies to advocate for inclusivity, human rights, and peaceful coexistence in a multicultural world. The course empowers participants to engage in dialogue, address biases, and contribute to conflict prevention and resolution through intercultural understanding.



Intercultural and interfaith dialogue

Knowledge:

- Understand the potential of interfaith and intercultural dialogue in addressing social and political challenges.
- Recognize the significance of cultural diversity and its impact on intercultural understanding.
- Acquire knowledge of interreligious dialogue aiming for mutual understanding among people of different faiths.

Skills:

- Develop critical thinking skills to analyse cultural biases, prejudices, and inconsistencies.
- Enhance the ability to engage with people of diverse backgrounds, fostering intercultural understanding.
- Apply effective communication skills, including empathy, tolerance, and conflict resolution in intercultural contexts.

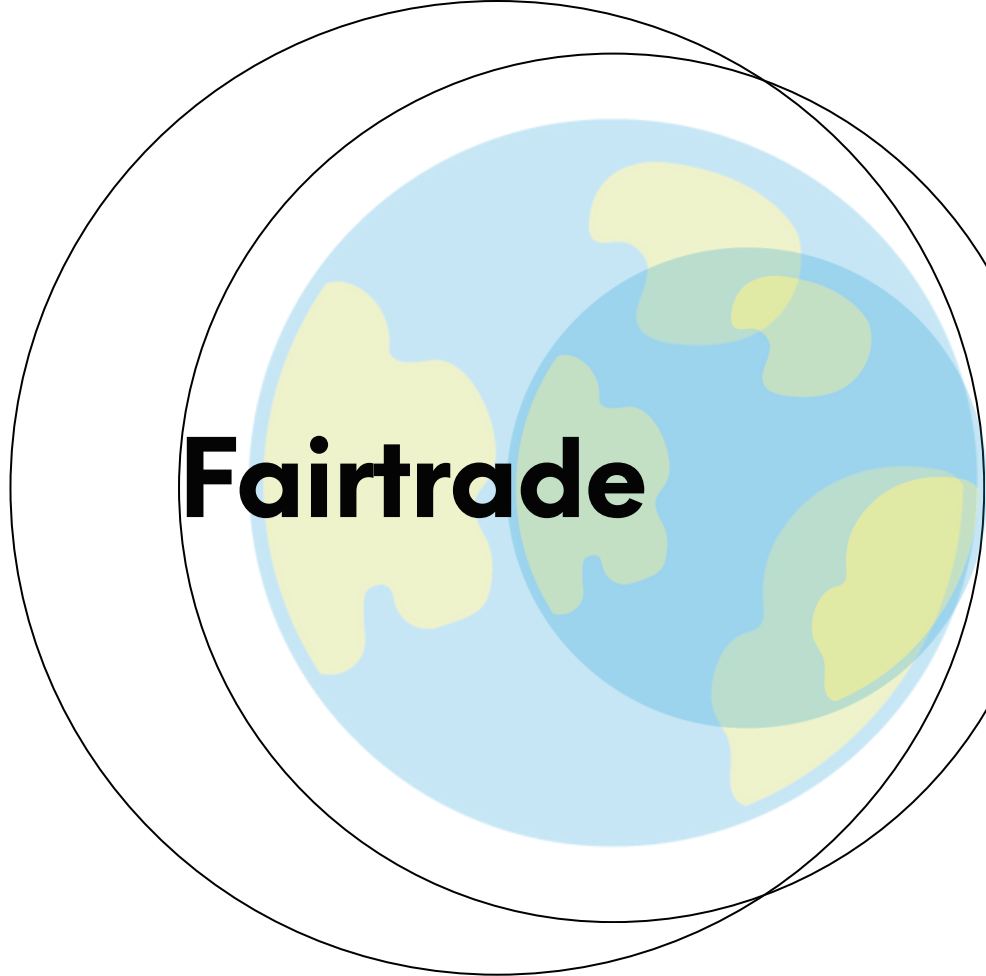
Competencies:

- Advocate for peaceful living in a multicultural world through intercultural dialogue, respecting human rights, democracy, and the rule of law.
- Engage in interreligious dialogue, fostering cooperation between people of different religious traditions.
- Contribute to combating racism and discrimination by promoting inclusivity and sincere dialogue, applying principles of peacebuilding and coexistence with differences in daily life.

Module 6.

Learning Outcomes

Participants achieve a comprehensive understanding of fair trade principles, sustainable consumption, and environmental awareness. They develop skills to make informed choices, critically analyse scenarios, and contribute to fair trade and sustainable living. Acquiring competencies empowers individuals to advocate for social justice, economic security, and environmental conservation



Knowledge:

- Understand fair trade principles as a partnership based on transparency, dialogue, and respect.
- Comprehend goals of fair trade organizations, including improving living standards, securing rights of marginalized producers, and promoting sustainable development.
- Recognize principles of sustainable consumption and its role in minimizing environmental impact.

Skills:

- Apply critical thinking to evaluate the impact of international trade on marginalized producers.
- Demonstrate the ability to make informed consumer choices for fair trade and sustainable practices.
- analyse real-life stories related to fair trade and engage in dialogue-based learning to understand and address environmental challenges.

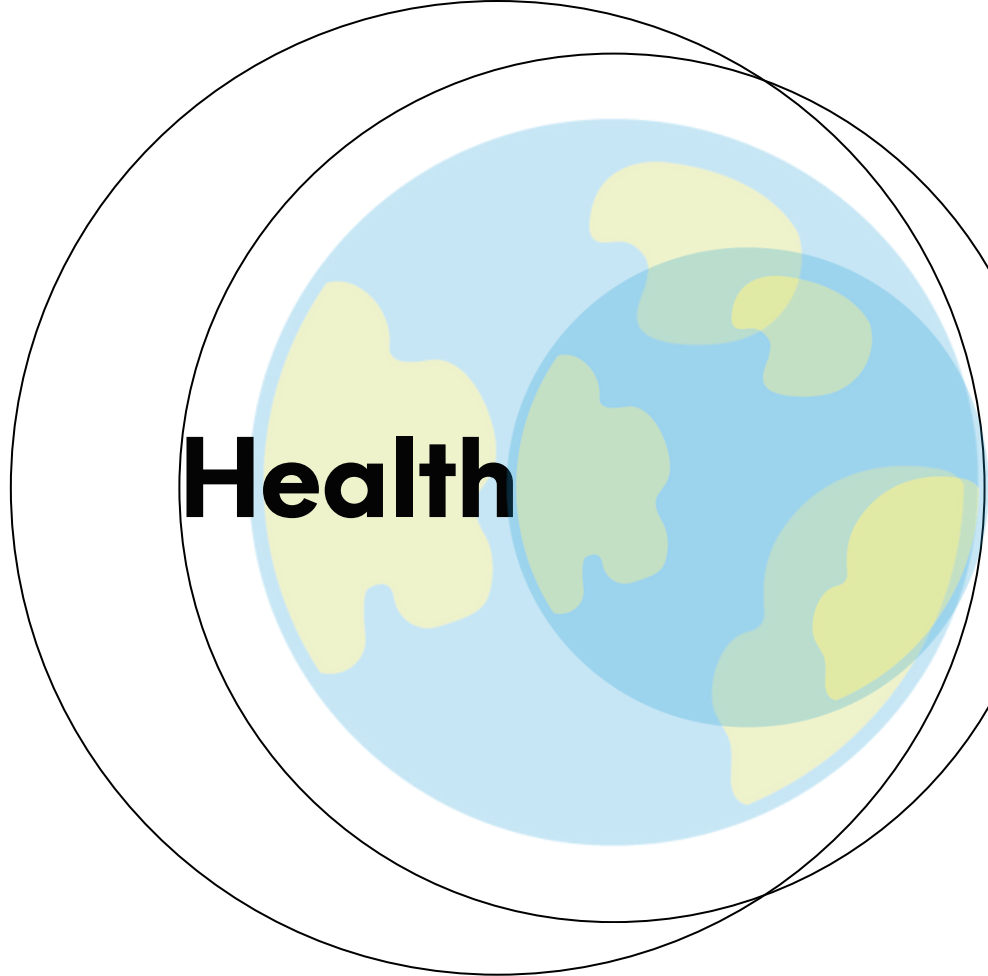
Competencies:

- Advocate for fair trade principles, social justice, and economic security.
- Promote sustainable consumption practices, considering effective resource use, waste minimization, and renewable resources.
- Apply knowledge of environmental challenges to contribute to conservation efforts and engage in activities promoting environmental awareness and sustainable living.

Module 7.

Learning Outcomes

Participants gain knowledge of holistic health, developing practical skills for physical and mental well-being. Acquiring competencies to promote health in personal and community contexts, the module emphasises a comprehensive understanding of health as a lifelong investment with long-term societal implications.



Knowledge:

- Understand health as a comprehensive concept encompassing physical, mental, and social well-being.
- Recognize the significance of balanced nutrition, regular exercise, and preventive healthcare for physical health.
- Comprehend the importance of resilience, stress management, and positive relationships for mental well-being.

Skills:

- Apply critical analysis to understand health as a dynamic aspect of lifelong development.
- Utilize preventive healthcare measures and practice balanced lifestyles.
- Demonstrate emotional intelligence through understanding, expressing, and regulating emotions.

Competencies:

- Apply a holistic perspective of health in personal and community contexts.
- Promote a balanced life for youth, emphasizing resources and abilities for overall well-being.
- Advocate for environments supporting youth development and providing access to quality healthcare.



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